CHEROKEE COUNTY 4-H
2009

SUMMER FUN DAY CAMP
REGISTRATION PACKET

Sponsored By:

NC State University
A&T State University
COOPERATIVE
EXTENSION
Empowering People • Providing Solutions

And other 4-H Supporters including:

United Way of Cherokee County
4-H Summer Fun
Day Camp Activities

Activities are open to any youth in Cherokee County. You **do not** have to be a 4-H member to participate or live in the community in which the day camp is being held. **Pay close attention to course descriptions, class limits, fees, dates, times and age limits.**

**HOW DO I SIGN UP?**

Registration will begin May 8 in the North Carolina Cooperative Extension Office. No registration will be taken before this time. Please register by Friday, June 12, 2009. You can still register after June 12, but classes may be filled, so bring in your forms as soon as possible.

**To register:**

1. Fill out the enclosed Registration Form including the Medical Release Form (this has to be notarized), Code of Conduct, Evaluation Consent Form, and Photo Release Form.

2. Check off the classes you want to participate in on the Registration Form.

3. Deliver the Registration Form, Medical Release Form (this has to be notarized), Code of Conduct, Evaluation Consent Form, Photo Release Form, and class fees to the 4-H Office located at 39 Peachtree Street, Murphy. Registering by mail does not guarantee a spot. It is better to bring your forms into the office.

Families with more than one youth that would like to participate can contact the 4-H agent to work on a reduced rate for families.

**All classes are offered on a first come, first serve basis...so REGISTER EARLY!**

**Registrations will not be accepted without payment.**

Please make checks payable to Cherokee County 4-H.

**All fees are non-refundable.**

**Please note:** Each activity is appropriate for the ages listed, please adhere to the age limits. The van will leave no later than 10 minutes after scheduled departure time –No Exceptions. If your child is asked to leave a 4-H Summer Fun activity because of violation of their Code of Conduct, they will not be allowed back to any 2009 Summer Fun activities (fees for remaining activities will not be refunded). For more information about 4-H, contact the NC Cooperative Extension, at 828-837-2210, speak with Shannon Coleman or Cindy Chastain.
4-H Fit for Fun Day Camp!

JUNE 24 – July 2 (We do not meet June 27 or 28)
Hiwassee Valley Pool & Wellness Center

This camp will be fun for the whole family! We will be working on nutrition, wellness, physical activity, life skills, arts, crafts, sewing, gardening and so much more. Each week we will have an extended lesson for the families on budget friendly meals, healthy bagged lunches, nutrition on a dime, and how can families be fit and well together.

DATE: JUNE 24 - July 2 (We do not meet June 27 & 28)
TIME: 8:00AM-5:00PM
TOTAL COST: $50.00 (Less than $8.00 a day)
LIMIT: 10
AGES: 6-15
LOCATION: Drop off and pick up at the Wellness Center
COORDINATORS: Shannon Coleman, Teresa Wiley and Volunteers

**Wear comfortable clothing and close toed walking shoes. Lunch and snacks will be provided. Please note any special dietary needs on registration form.

REGISTRATION DEADLINE FOR CAMP: JUNE 12, 2009

4-H Health Rocks & More Day Camp!!

JULY 6 – July 17 (We do not meet July 11 or 12)
Hiwassee Valley Pool & Wellness Center

This camp will be fun for the whole family! We will be working on nutrition, wellness, physical activity, life skills, arts, crafts, sewing, gardening and so much more. Each week we will have an extended lesson for the families on budget friendly meals, healthy bagged lunches, nutrition on a dime, and how can families be fit and well together. This camp will be similar to the Fit for Fun but will have different activities for youth to do so if they choose to repeat the camp it will not be the same.

DATE: JULY 6 - July 17 (We do not meet July 11 or 12)
TIME: 8:00AM-5:00PM
TOTAL COST: $70.00 ($7.00 a day)
LIMIT: 10
AGES: 6-15
LOCATION: Drop off and pick up at the Wellness Center
INSTRUCTORS: Shannon Coleman, Teresa Wiley and Volunteers

**Wear comfortable clothing and close toed walking shoes. Lunch and snacks will be provided. Please note any special dietary needs on registration form.

REGISTRATION DEADLINE FOR EVENT: JUNE 12, 2009

North Carolina State University and North Carolina A&T University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University and North Carolina A&T University U.S. Department of Agriculture, and local governments cooperating.