



4-H Fit for Fun Day Camp, Take II!

JULY 27—AUGUST 4 (We do not meet August 1 or 2.)

Hiwassee Valley Pool & Wellness Center

This camp will be fun for the whole family! We will be working on nutrition, wellness, physical activity, life skills, arts, crafts, sewing, gardening and so much more. Each week we will have an extended lesson for the families on budget friendly meals, healthy bagged lunches, nutrition on a dime, and how can families be fit and well together. *Again even though this is the same type of camp different activities will be plan so that if the same youth choose to participate they will not be bored.*

DATE: JUNE 24 - July 2 (We do not meet
June 27 & 28)

TIME: 8:00AM-5:00PM

TOTAL COST: \$50.00 (Less than \$8.00 a day)

LIMIT: 10

AGES: 6-15



LOCATION: Drop off and pick up at the Wellness Center

COORDINATORS: Shannon Coleman, Teresa Wiley and Volunteers

****Wear comfortable clothing and close toed walking shoes.**

Lunch and snacks will be provided.

Please note any special dietary needs on registration form.

REGISTRATION DEADLINE FOR CAMP: JUNE 12, 2009

