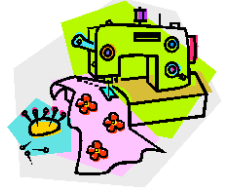




4-H Fit for Fun Day Camp!

**JUNE 24 - July 2 (We do not meet June 27 or 28)
Hiwassee Valley Pool & Wellness Center**



This camp will be fun for the whole family! We will be working on nutrition, wellness, physical activity, life skills, arts, crafts, sewing, gardening and so much more. Each week we will have an extended lesson for the families on budget friendly meals, healthy bagged lunches, nutrition on a dime, and how can families be fit and well together.



DATE: JUNE 24 - July 2 (We do not meet

TIME: 8:00AM-5:00PM

TOTAL COST: \$50.00 (Less than \$8.00 a day)

LIMIT: 10

AGES: 6-15

LOCATION: Drop off and pick up at the Wellness Center

COORDINATORS: Shannon Coleman, Teresa Wiley and Volunteers

****Wear comfortable clothing and close toed walking shoes.**

Lunch and snacks will be provided.

Please note any special dietary needs on registration form.

REGISTRATION DEADLINE FOR CAMP: JUNE 12, 2009